

NEW CLASSES AT VIA

**WE REQUIRE VACCINE - COVID SAFETY PROTOCOLS
IN PLACE**

***** Gerry's Stretch & Balance has a new time
starting August 17 - 11:30 a.m.**

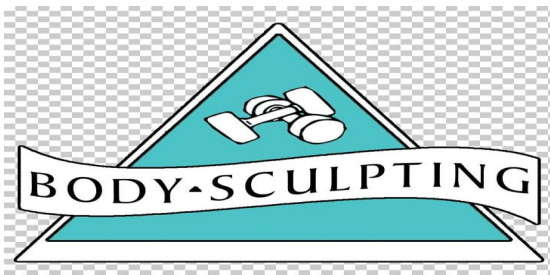


Rhythm & Movement/Line Dancing w/Gerry

**Classes start
Monday, August 16 at 11:30 a.m. &
Wednesday, August 18 at 11:30 a.m.**

Body Sculpting w/ Gerry

**Monday & Wednesday
10:30 a.m. - 11:15 a.m.**



Stretch & Balance w/ Gerry

**Tuesday & Thursday
12:30 p.m. - 1:15 p.m.
* REMEMBER NEW TIME**



Silver Sneakers®
by Tivity Health